

# THE 2. BALTIC AMBER OPEN MASTERS SWIMMING CUP 2010 Latvia, Riga



## I. Aim of the competition and tasks:

- The Open Baltic States individual and club teams competitions.
- The championships are open for registered masters swimmers from all nations.

## II. Time, terms and venue of the competition:

Date: **19.02. – 21.02.2010.**

Location: Latvia, Riga, swimming pool BJSC “Daugavas sporta nams”, 107 Kr. Barona street (25 meters, 6 lanes, electronic time control).

## III. The program of competitions:

19<sup>th</sup> February 2010 (Friday)

Warm up: 18.00-18.30; Start: 18.45

- 1/2 400m individual medley IM (female, male)  
3/4 800m free (female, male)

20<sup>th</sup> February 2010 (Saturday)

Warm up: 14.00-14.50; Start: 15.00

- 5/6 50 m breaststroke (female, male)  
7/8 50 m backstroke (female, male)  
9/10 100 m free (female, male)  
11/12 100 m butterfly (female, male)  
13/14 200 m breaststroke (female, male)  
15/16 200 m backstroke (female, male)  
17/18 100 m individual medley IM (female, male)  
19 4x50 m relay medley (female)  
20 4x50 m relay medley (male)

21<sup>th</sup> February 2010 (Sunday)

Warm up: 9.00-9.50; Start: 10.00

- 20a 50 m free for disable persons  
21/22 50 m butterfly (female, male)  
23/24 50 m free (female, male)  
25/26 100 m breaststroke (female, male)  
27/28 100 m backstroke (female, male)  
29/30 200 m butterfly (female, male)  
31/32 200 m individual medley IM (female, male)  
33/34 400 m free (female, male)  
35 4x50 m free (female)  
36 4x50 m free (male)

## IV. Registration:

- **Entries:** Last date of registration is 10 of February, 2010. Online registration: [antra.roga@swimming.lv](mailto:antra.roga@swimming.lv). Fax: +371 67379292. The sample of the requisition is given in the appendix. **Note: changing of events is not allowed during competitions.**

- **Financing:** rase fees – 5 EUR per event; 10 EUR per relay.

### **Swimming Federation or Latvia**

LV 40008029004

SEB LUB

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IBAN: LV06 UNLA 0002 1007 0098 5

- The competitions will be held under the auspices of the rules and regulations of the FINA Masters Swimming Rules current at the time of close of entries.
- Minimum age limit is 25 years and older who are finished active sports career.
- Each swimmer can participate to 2 individual races and 1 relay per day.
- Each participant bears the PERSONAL responsibility for a condition of the health about what undersigned for the report of the established form.
- Age groups are based on ages at 31/12/2010.

- **Individual age groups:**

A 25-29 •B 30-34 •C 35-39 •D 40-44 •E 45-49 •F 50-54 •G 55-59 •H 60-64 •I 65-69 •J 70-74 •K 75-79 •L 80-84 •M 85-89 •N 90-94 •O 95+

- **Relay age groups** (summary of the competitors age):

A 100-119 •B 120-159 •C 160-199 •D 200-239 •E 240-279 •F 280-319 •G 320+

- **Awards:**

There will be national teams plays for cup. The best club prize given: 1th club place – big cup, 2th place – middle cup, 3th – small cup.

Points by events will be calculating by this system:

**Individual:** 1th place – 10 points; 2th – 8 points; 3th – 6 points; 4<sup>th</sup> - 5 points; 5<sup>th</sup>- 4 points; 6<sup>th</sup> – 3 points; 7<sup>th</sup> - 2 points; 8<sup>th</sup> - 1 point.

**Relay:** 1th place – 20 points; 2th – 16 points; 3th – 12 points; 4<sup>th</sup>-10 points; 5<sup>th</sup>-8 points; 6<sup>th</sup>-6 points; 7<sup>th</sup>-4 points; 8<sup>th</sup>-2 points.

There will be national teams plays for cup.

The best club prize given: 1th club place – big cup, 2th place – middle cup, 3th – small cup.

Points by events will be calculating by this system:

**Individual:** 1th place – 10 points; 2th – 8 points; 3th – 6 points; 4<sup>th</sup> - 5 points; 5<sup>th</sup>- 4 points; 6<sup>th</sup> – 3 points; 7<sup>th</sup> - 2 points; 8<sup>th</sup> - 1 point.

**Relay:** 1th place – 20 points; 2th – 16 points; 3th – 12 points; 4<sup>th</sup>-10 points; 5<sup>th</sup>-8 points; 6<sup>th</sup>-6 points; 7<sup>th</sup>-4 points; 8<sup>th</sup>-2 points.

- All participants get a certificates.
- Champions, the second prize and the third prize winners of each event will get medals (best by DSV Master Performance Table 1998).
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- Top 10 swimmers (best by DSV Master Performance Table 1998) will be prize given.

### **V. Accommodation.**

Participants should book accommodation themselves, directly at:

1. Hotel Arodskola, Address Vijciema str. 6/8 Riga, LV-1006. Latvia.

Ph.: + 371 6 7545571, fax:+ 371 6 7542518, e-mail: [hotel@3arodskola.lv](mailto:hotel@3arodskola.lv), web: [www.3arodskola.lv](http://www.3arodskola.lv).

2. Hotel Balta Kaza, Address: Eveles str. 2 Tel/fax (+371) 6737 81 35.

3. [www.allhotels.lv](http://www.allhotels.lv) (more information about hotels in Riga).

4. [www.lilarealty.lv](http://www.lilarealty.lv) ;+371 29238106; +371 29504900, Marianna.

### **VI. Information.**

Web: [www.swimming.lv/vecmeistari](http://www.swimming.lv/vecmeistari)

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Antra Roga, ph.: +371 29434424

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