



# **Nordic Open Masters**

# Invitation

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# **KEY INFO**

On behalf of the Nordic Swimming Federation and the Icelandic Swimming Association we are pleased to invite you to the Nordic Masters Championships 2021. On this page you should find key information regarding the competition, the Iocation, schedule and dates.

| Date:                   | 8-9. October 2021   |
|-------------------------|---|
| Venue:                  | Laugardalslaug in Reykjavík, Iceland<br>25m x 50m indoor pool, 10 lanes                       |
| Address:                | Sundlaugavegur 30, 105 Reykjavík<br><u>Map</u>  |
| Age groups:             | Masters age groups as per FINA<br>rules   |
| Invited nations:        | Denmark, Estonia, Faroe Islands,<br>Finland, Iceland, Latvia, Lithuania,<br>Norway and Sweden |
| Pool Setup:             | 25m, 8 lanes, water temp 27°c<br>Electronic timing (Quantum Swiss<br>Timing )                 |
| Team Leader<br>Meeting: | ТВА   |

#### Competition Schedule

Friday Oct 8<sup>th</sup> Session 1 Warm up / 16-17:20 Start / 17:30

Saturday Oct 9<sup>th</sup> Session 2 Warm up / 8:00 – 8:50 Start / 9:00

Session 3 Warm up / 15-16:20 Start / 16:30

Organizers reserve the right to change session times

#### Key Dates

**Preliminary entry / Booking** 10. august 2021

**Final entry / Rooming List** 8. september 2021

**Final payment** 8. september 2021

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#### Accommodation:

Accommodations are at **Grand Hótel Reykjavík**. Breakfast is included. Lunch and dinner are at **Café Easy**.

Both are within walking distance of the pool and each other.

#### Grand Hótel Reykjavík

Sigtún 38 105 Reykjavík Café Easy

Engjavegur 6 104 Reykjavík



#### **Prices:**

Hotel prices per person per night (*Included is breakfast at hotel. You can have lunch and dinner at Cafe Easy, more information later.* 

> Single Room 19.900 ISK

Twin Room **22.900 ISK** 

If a person with any food allergies or intolerance is in your team, please let us know as soon as possible.

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Cabin Hótel : https://hotelcabin.is/

Standard single: 10.275 kr

Standard twin: 11.516 kr

Superior single: 12.900 kr

Superior twin: 14.900 kr

#### **Events and sessions**

| Session 1. 17:30 Friday October 8 |       |                 |       |
|-----------------------------------|-------|-----------------|-------|
| 1                                 | 400m  | Freestyle       | Men   |
| 2                                 | 400m  | Freestyle       | Women |
| 3                                 | 50m   | butterfly       | Men   |
| 4                                 | 50m   | butterfly       | Women |
| 5                                 | 100m  | Breaststroke    | Men   |
| 6                                 | 100m  | Breaststroke    | Women |
| 7                                 | 100m  | Backstroke      | Men   |
| 8                                 | 100m  | Backstroke      | Women |
| 9                                 | 200m  | Freestyle       | Men   |
| 10                                | 200m  | Freestyle       | Women |
| 11                                | 4x50m | Freestyle relay | Men   |
| 12                                | 4x50m | Freestyle relay | Women |
|                                   |       |                 |       |

| Session 2. 9:00 Saturday October 9 |       |                   |       |
|------------------------------------|-------|-------------------|-------|
| 13                                 | 100m  | Freestyle         | Men   |
| 14                                 | 100m  | Freestyle         | Women |
| 15                                 | 100m  | Butterfly         | Men   |
| 16                                 | 100m  | Butterfly         | Women |
| 17                                 | 50m   | Breaststroke      | Men   |
| 18                                 | 50m   | Breaststroke      | Women |
| 19                                 | 100m  | Individual medley | Men   |
| 20                                 | 100m  | Individual medley | Women |
| 21                                 | 200m  | Backstroke        | Men   |
| 22                                 | 200m  | Backstroke        | Women |
| 23                                 | 800m  | Freestyle         | Men   |
| 24                                 | 4x50m | Medley relay      | Men   |
| 25                                 | 4x50m | Medley relay      | Women |

| Session 3. 16:30 Saturday October 9 |       |                   |       |
|-------------------------------------|-------|-------------------|-------|
| 26                                  | 4x50m | Medley relay      | Mix   |
| 27                                  | 800m  | Freestyle         | Women |
| 28                                  | 200m  | Individual medley | Men   |
| 29                                  | 200m  | Individual medley | Women |
| 30                                  | 50m   | Backstroke        | Men   |
| 31                                  | 50m   | Backstroke        | Women |
| 32                                  | 50m   | Freestyle         | Men   |
| 33                                  | 50m   | Freestyle         | Women |
| 34                                  | 4x50m | Freestyle relay   | Mix   |

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#### Entries and deadlines:

Deadline for registration is September 8<sup>th</sup> 2021.

Entries must be made as Wingrodan or Lenex file with attached print (proof of time). Those files plus Entries and hotelforms must be sent to:

#### The Icelandic Swimming Association Competition manager

Emil Örn Harðarson Email: skraning@iceswim.is

Entries with "no time" will not be accepted.

Only swimmers representing a club, member of a club affiliated with FINA are eligible to enter.

The entry files will be available on the competition website soon:

www.iceswim.is/nom2021

#### **Registration Fee**

| Individual     | 1.400 ISK / 10 EUR |
|----------------|--------------------|
| Relay          | 2.800 ISK / 20 EUR |
| Farewell party | To be announced    |

The registration fee should be paid at the same time as the entries and should be paid not later than september 8<sup>th</sup> 2021.

#### Account information:

Icelandic Swimming Association Engjavegi 6 104 Reykjavik Iceland Account: 528-26-7327 Nr: 6402692359 Swift: GLITISRE IBAN: IS780528260073276402692359

Please send receipt to email: <a href="mailto:skraning@iceswim.is">skraning@iceswim.is</a>

# *For late entry registration each individual and relay event will be charged at 4.000 ISK / 27 EUR*

#### **Entry Cancellation**

Must be made no later than 30 minutes after the previous session finishes. Cancellation form is to be submitted to the competition desk at the pool. For first session, withdrawals are to be made on technical meeting.

Late or non-cancellation will be charged at 4.000 ISK / 27 EUR per person or relay team/event.

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#### **Relay participants**

Name of the relay participants should be submitted to the competition desk no later than 1 hour before the session of event starts. If a relay team needs to change age group, it is regarded as a cancellation and a late entry. Late entry fee must be paid.

#### **Entry lists**

Will be available at <u>www.iceswim.is/nom2021</u>

#### Medals

Medals will be awarded to the top three swimmers in each individual event and to the winners of each relay. Medal ceremony will take place between events.

#### **Farewell party**

To be announced

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#### Transportation:

There is a Flybus going from Keflavík Airport to BSÍ (Bus terminal downtown Reykjavík). From there you can take a smaller shuttle bus taking you directly to the hotel. (Just tell the bus driver at Keflavík Airport that you are going to Grand Hotel Reykjavík).

Tickets for the Flybus can be purchased in-flight Icelandair or at Keflavík Airport. You can also order tickets online, get schedule info and prices at:

#### www.re.is/flybus

If you land at Reykjavík Airport (Atlantic Airways) you are in walking distance to BSÍ bus terminal but due to weather it would probably be better to take a **Taxi** directly to the hotel.

| www.hreyfill.is   | Tel | 588 5522 |
|-------------------|-----|----------|
| <u>www.bsr.is</u> | Tel | 561 0000 |

The airport transportation is at your own cost.

There will be no arranged shuttle bus transportation between the pool, hotel and Cafe Easy.

#### **Further information:**

Information about the city of Reykjavík can be found here:

#### www.visitreykjavik.is

If you have any further questions concerning the Nordic Championships, do not hesitate to contact us for further information.

**Competition info** 

Emil Örn Harðarson Competition Manager Tel: +354 663 0423 emil@iceswim.is Accommodation and meals

Ingibjörg Helga Arnardóttir General Secretary Tel: +354 770 6066 ingibjorgha@iceswim.is

We look forward to welcome you to Iceland.

Best regards, The Icelandic Swimming Association

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## 2021 NORDIC OPEN MASTERS PRELIMINARY ENTRY FORM

Please email this form to the Icelandic Swimming Association no later than 10. August 2021 to the registration office – <u>skraning@iceswim.is</u>

#### Your Contact Info

| TEAM NAME      |  |
|----------------|--|
|                |  |
| ADDRESS        |  |
|                |  |
| CONTACT PERSON |  |
|                |  |
| PHONE          |  |
|                |  |
| EMAIL          |  |

#### Number of participants

| COMPETITORS |  |
|-------------|--|
| TEAM STAFF  |  |
| TOTAL       |  |

#### Preliminary hotel booking (Grand Hótel Reykjavík / Cabin Hótel)

| DATE OF ARRIVAL   |  |
|-------------------|--|
|                   |  |
| DATE OF DEPARTURE |  |
|                   |  |
| SINGLE ROOMS      |  |
|                   |  |
| TWIN ROOMS        |  |
|                   |  |
|                   |  |







### 2021 NORDIC OPEN MASTERS

#### **FINAL ENTRY FORM**

Please email this form to the Icelandic Swimming Association no later than 8. September 2021 to the registration office – <u>skraning@iceswim.is</u>

#### Your Contact Info

| TEAM           |  |
|----------------|--|
|                |  |
| ADDRESS        |  |
|                |  |
| CONTACT PERSON |  |
|                |  |
| PHONE          |  |
|                |  |
| EMAIL          |  |

#### Number of participants

| COMPETITORS |  |
|-------------|--|
| TEAM STAFF  |  |
| TOTAL       |  |

#### Final hotel booking (Grand Hótel Reykjavík / Cabin Hótel )

| DATE OF ARRIVAL   |  |
|-------------------|--|
|                   |  |
| DATE OF DEPARTURE |  |
|                   |  |
| SINGLE ROOMS      |  |
|                   |  |
| TWIN ROOMS        |  |
|                   |  |
|                   |  |

#### Flight info

|                  | date | time | flight nr | from |
|------------------|------|------|-----------|------|
| FLIGTH ARRIVAL   |      |      |           |      |
|                  |      |      |           |      |
| FLIGHT DEPARTURE |      |      |           |      |

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## 2021 NORDIC OPEN MASTERS ROOMING LIST

Please email this form to the Icelandic Swimming Association no later than 8. September 2021 to the registration office – <u>skraning@iceswim.is</u>

#### Single Rooms

| 1 |  |
|---|--|
| 2 |  |
| 3 |  |
| 4 |  |
| 5 |  |
| 6 |  |

#### **Twin Rooms**

| 1  |  |
|----|--|
| 2  |  |
| 3  |  |
| 4  |  |
| 5  |  |
| 6  |  |
| 7  |  |
| 8  |  |
| 9  |  |
| 10 |  |
| 11 |  |
| 12 |  |

