

Tenerife Top Training and Glen Christiansen invite you to:

The GC International Open Masters Championships February 9th 2013

LOCATION: Tenerife Top Training 50m and 25m pool. www.tenerifetoptraining.com

SANCTION AND RULES: The meet is sanctioned by Tenerife swimming federation. Timing will be manual. The meet will be conducted according to the FINA rules.
All events will be timed finals.

ELIGIBILITY: All swimmers must have be registered with a club which is affiliated with a national swimming federation.

MEET FORMAT: All events will be seeded according to age and times but the organizers will have the right to mix gender and age. Meaning: Women and men might swim together in the same heat.

YOUTH: Swimmers younger than 25 years old may participate in the Open category.

ENTRIES: Each swimmer may compete in a maximum of FIVE (5) individual events.
There might be individual DECK entries.
There will be specified warm-up times before event starts for each session.
50m pool: 10.00-10.50 and 25m pool: 15.00-15.50

ENTRY FEES: The entry fee for each event is 5.00 Euro.
Entries must be received no later than February 7th 2013
Mail Entries to: swedishswimacademy@gmail.com

RESULTS: Results will be posted as they are finalized after the meet.

RECORDS: Will be recognized. Please ask for 3 timers when you think you will swim a record.

AWARDS: There will be t-shirts and awards for all participants

BARBEQUE PARTY: will be held at the Tenerife Top Training after the meet. Aprox 19.00

Questions: Contact Glen Christiansen: swedishswimacademy@gmail.com

Program 50m pool 11.00

1. 200m IM women
2. 200m IM men
3. 50m freestyle women
4. 50m freestyle men
5. 200m breaststroke women
6. 200m breaststroke men

7. 50m backstroke women
8. 50m backstroke men
9. 200m freestyle women
10. 200m freestyle men
11. 50m butterfly women
12. 50m butterfly men
13. 200m backstroke women
14. 200m backstroke men
15. 50m breaststroke women
16. 50m breaststroke men
17. 200m butterfly women
18. 200m butterfly men

Program 25m pool 16.00

1. 100m butterfly women
2. 100m butterfly men
3. 400m freestyle women
4. 400m freestyle men
5. 100m backstroke women
6. 100m backstroke men
7. 100m breaststroke women
8. 100m breaststroke men
9. 400m IM women
10. 400m IM men
11. 100m freestyle women
12. 100m freestyle men